

PRE-SURGERY QUESTIONNAIRE

Please fill out and e-mail back or give to the doctor BEFORE surgery This is helpful for the doctor to have, especially if you have any other medical problems. You always want your surgeon to be well-informed.

If you want to expand in any area or have additional information that is important the doctor know, please add on to the form.

! YOUR SAFETY DEPENDS ON THE ACCURACY OF THE INFORMATION PROVIDED.

PERSONAL INFORMATION

Name: _____ Age: _____ Birth Date: _____

Email: _____ Male Female

Address: _____ Phone: _____

Name of person to contact in case of emergency: _____ Phone: _____

DIET HISTORY

Current Weight: _____ Current Height: _____ BMI: _____

Max Weight: _____ Date of max weight: _____

Have you tried any special diet, or any other weight loss attempts, professionally supervised: Yes No

If yes, what kind of diet: 1200 calorie Low fat Low carbohydrate Other

Have you been on weight loss medications: Yes No If yes, please list: _____

MEDICAL HISTORY

ALLERGIES:

Are you allergic to any drug, food, or substance? Yes No

If yes, what happens when you take or are exposed to it?

(Example: Penicillin – rash)

MEDICATIONS:

Are you taking any medications, herbal supplements: Yes No If yes, please mark which one and write the details below:

Aspirin Water pill Blood pressure meds Blood thinning Heart rhythm meds
 Digitalis Steroids Over the counter Herbal Vitamin-Mineral supplements

Other: _____

Specify name, dose, frequency: _____

PAST MEDICAL AND SURGERY HISTORY

Do you have, or have you had, any of the following?

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Reflux (heart burn, indigestion) |
| <input type="checkbox"/> Heart failure | <input type="checkbox"/> Seizures | <input type="checkbox"/> Asthma | <input type="checkbox"/> Polycystic ovarian syndrome |
| <input type="checkbox"/> Crohn's disease | <input type="checkbox"/> Irritable bowel syndrome | <input type="checkbox"/> Depression | <input type="checkbox"/> Lupus, Rheumatoid arthritis |
| <input type="checkbox"/> Stomach ulcers | <input type="checkbox"/> Gallbladder trouble | <input type="checkbox"/> Radiotherapy | <input type="checkbox"/> Chemotherapy |
| <input type="checkbox"/> Fatty liver disease | <input type="checkbox"/> HIV | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Kidney problems |
| <input type="checkbox"/> Cancer, what type: _____ | | <input type="checkbox"/> Thyroid disease, what: _____ | |
| <input type="checkbox"/> Hernia, what kind: _____ | | <input type="checkbox"/> Hepatitis B or C, Which one: _____ | |
| <input type="checkbox"/> Menopause, when: _____ | | <input type="checkbox"/> Heart attack or angina, when: _____ | |
| <input type="checkbox"/> Other medical condition: _____ | | | |

- COPD (emphysema or chronic bronchitis) Blood problems (anemia or prolong bleeding from gums, cuts, easy bruising)
- Sleep apnea: If yes, do you use: CPAP BiPAP and, How many liters: _____

Have you had an endoscopy: Yes No Diagnosis: _____

Have you had any abdominal surgery: Yes No If yes: What and when: _____

Have you had any other surgery (not abdominal) Yes No Specify: _____

Do you have any reaction to anesthesia: Yes No Specify: _____

Do you have any dentures or dental implants? Yes No Specify: _____

Have you had any pregnancies: Yes No Number: _____ Are you pregnant now: Yes No

Do you have heavy periods: Yes No

FAMILY HISTORY

Any family member (father, mother, brither or sister, grandparents) with:

- | | |
|--|---|
| <input type="checkbox"/> Heart disease, who: _____ | <input type="checkbox"/> High blood pressure, who: _____ |
| <input type="checkbox"/> Lung disease, who: _____ | <input type="checkbox"/> Diabetes, who: _____ |
| <input type="checkbox"/> Stroke, who: _____ | <input type="checkbox"/> Kidney disease, who: _____ |
| <input type="checkbox"/> Thyroid disease, who: _____ | <input type="checkbox"/> Cancer, who and what type: _____ |
| <input type="checkbox"/> Other, specify: _____ | |

SOCIAL HISTORY

Do you smoke: Yes No How many per day: _____ When was the last cigarette: _____

Do you drink: Yes No What and how many per week: _____ Last one: _____

Do you use any recreational drugs: Yes No What and how often: _____ Last: _____